

## **Creating Your Fabulous**

After Dropping Your Basket

If you live long enough you've lived through some trials and maybe some pretty tough ones.

Have you lost your "SPARKLE?"
Are you broken and wondering where to start and even if you can?

This seminar will look at Pain and Transformation, Daring to Risk Again, and Getting Uncomfortable... ALL to stretch and grow. And YES...create your Fabulous starting NOW!

What's your story? I'm intrigued!!



## During this Fabulous event you will walk away with:



- 1. The physical changes that happen with pain and the opportunity to make big shifts.
- 2. Strategies to shift your brain and your body quickly into success.
- 3. Tips and tools to MOVE, CHOOSE, BE Fabulous

\*\*\*Bonus track: FEAR...really letting go...

"You see Brokenness...I see mended."
- Jennifer Watson

This highly interactive development session will conclude with actionable takeaways that attendees can put into practice immediately following the session.

For more information on Creating Your Fabulous & Jennifer Watson's additional offerings, please contact Booking@JenniferWatsonLeadership.com